



**2025-2026**  
**CATALOG OF COURSE OFFERINGS**

**HOLY NAMES ACADEMY**  
**728 21<sup>ST</sup> Avenue East**  
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## **MISSION STATEMENT**

### **Holy Names Academy**

#### **Our Mission**

Holy Names Academy inspires young women of diverse beliefs and backgrounds to excel in life with confidence and courage, to think critically, act with purpose, advocate for justice, serve with compassion, and lead with integrity.

#### **The Academy**

Holy Names Academy is an all-girls Catholic high school founded in 1880 by the Sisters of the Holy Names of Jesus and Mary. The school offers excellent academic, arts, athletic, spiritual, and leadership programs that promote the development of the whole person in an environment of inclusion, collaboration, and community.

**GRADUATION REQUIREMENTS**

Subject areas	Holy Names Academy Graduation Credit Requirement	Credits Recommendation for Admission to a 4-year College or University Program
English (1 credit each semester enrolled at HNA)	8	8
Fine Arts (Art/Theatre/Music)	2	2
International Language	4	4-8
Laboratory Science	6	6
Mathematics*	6	6-8
Physical Education**	2	
Health	1	
Theology (1 credit each semester enrolled at HNA)	8	
Social Studies*** (2 credits in U.S. History or AP U.S. History and 2 credits in World History or AP World History)	4	6
Electives	4	
<b>TOTAL CREDITS:</b>	<b>45</b>	

No credit is given for a grade of “F” or “NC” for the semester. An “F” or “NC” in a required subject must be made up in that subject area. A student is placed on academic probation when her GPA falls below 2.0, she fails any course at the quarter, or has two or more “D” grades at the quarter. If, during this time on probation, a student does not make satisfactory progress, she may be advised to attend another school. Students on academic probation may not be eligible to receive financial aid and may be disqualified from participating in co-curricular activities.

A student must earn 45 credits with a minimum of credits as listed above in designated areas to participate in the formal graduation ceremony.

\*Seniors are required to take a math-based quantitative course such as Calculus or Statistics, or an algebra-based science course such as Physics.

\*\*Two Physical Education credits are required to graduate. One credit is earned through the 9<sup>th</sup> grade physical education class. The second credit in physical education may be met by participation in an HNA team sport or a community athletic/exercise program with at least 75 hours of supervised activity over the course of 20 weeks.

\*\*\*Two of the four required classes in Theology are approved by the State of Washington for Social Studies credit; students attending Holy Names Academy for four years will graduate with a minimum of 8 semesters of approved credit in Social Studies.

## **RECOMMENDED COURSE OF STUDY**

### **9th GRADE**

Theology 9: World Cultures  
English 9 or Honors English 9  
Math: Algebra I, Honors Algebra I, Honors Algebra II/Trigonometry, Geometry, or Honors Geometry  
International Language  
Biology  
Physical Education and Health

### **10th GRADE**

Theology 10: Scripture Literature  
English 10 or Honors English 10  
Math: Geometry, Honors Geometry, Algebra II, or Honors Algebra II  
International Language  
World History or AP World History  
Elective (Fine Arts; Department electives such as American Ethnic Studies, Honors Chemistry; AP electives such as: AP Biology, AP Art History, AP Environmental Science, AP Psychology, AP Computer Science, AP US Government and Politics, etc.)

### **11th GRADE**

Theology 11: Morality/Service  
English 11 or Honors English 11  
Math: Algebra II/Trigonometry or Honors Pre-calculus/Trigonometry or AP Calculus  
Chemistry or Honors Chemistry  
International Language  
Electives (Fine Arts; Department electives such as American Ethnic Studies; AP electives such as: AP Art History, AP Environmental Science, AP Psychology, AP Computer Science, AP Studio Art, AP US Government and Politics, etc.)

### **12th GRADE**

Theology 12: Contemporary Problems  
English 12 or AP English Literature 12  
United States History and Government or AP United States History  
Pre-Calculus, Calculus, AP Calculus, AP Statistics, or Algebra-based Science  
Physics, AP Physics, or Elective  
AP International Language, Department Electives, or AP Electives

### **ADVANCED PLACEMENT COURSES**

Advanced Placement is a program of college-level courses and examinations for high school students. Over 90% of colleges nationwide give credit and/or advanced placement to students whose AP examination grades are considered acceptable.

Holy Names Academy offers Advanced Placement courses in computer science, English, fine arts, international languages, mathematics, music, science, and social studies. Students enrolled in an AP course are required to take the AP exam in that course; exam fees are due in December.

### **WEIGHTED GRADES**

Advanced Placement course grades are weighted according to the following scale for the purpose of calculating a cumulative grade point average:

A = 5 points      B = 4 points      C = 3 points      D = 2 points

Note: Colleges and universities may recalculate grade point averages based on their institutional standards and criteria.

## COURSE PATTERNS

Many colleges, both public and private, require that students who wish to attend their institutions complete specific courses during high school, or College Academic Distribution Requirements (CADRs) To assure compliance, students should be aware of these requirements at the beginning of their high school years.

**WA FOUR-YEAR IN-STATE PUBLIC UNIVERSITIES:** The following are the minimum high school core pattern requirements for public baccalaureate institutions in the state of Washington, i.e., Central Washington University, Eastern Washington University, Evergreen State College, Washington State University, University of Washington, and Western Washington University:

- English: 4 years

Selected from composition and literature courses that develop college-level skills in reading and writing.

- Mathematics: 3 years

Courses include algebra, geometry, and advanced (second year) algebra. More advanced mathematics courses such as trigonometry, elementary functions, and calculus are recommended. Seniors are required to take a math-based quantitative course such as statistics, pre-calculus, or calculus or an algebra-based science course such as physics or AP Computer Science A. \*Successful completion of math beyond Algebra II meets both the math and senior year quantitative credit requirements.

- Social Studies: 3 years

Courses selected from history, political science, government, civics, economics, geography, current world problems, current issues, psychology, or sociology. Note: In addition to the social studies course offerings, Holy Names Academy's "World Cultures" and "Contemporary Problems" classes also meet these criteria.

- Science: 3 years

Courses selected from biology, chemistry, or physics. For students entering college summer or fall 2021, a third credit of science will be required; the credit would not need to be lab based.

- International Language: 2 years in a single international language; 3 years recommended

Courses should have a strong reading and writing focus and not be primarily conversational in content.

- Fine Arts, Visual or Performing, or Academic Electives: 1 year

Visual and performing arts include studies in art appreciation, band, ceramics, choir, dance, dramatic performance and production, drawing, fiber arts, graphic arts, metal design, music appreciation, orchestra, painting, photography, pottery, print making, sculpture, and calligraphy.

**PRIVATE AND OUT-OF-STATE COLLEGES, VOCATIONAL INSTITUTES, AND BUSINESS COLLEGES:** These requirements vary; Consult course catalogs or contact colleges directly.

*Special note for those applying to California's public universities (includes all 9 campuses in the University of California system and all 23 campuses in the California State University system): Students applying to California's public universities must complete a single yearlong approved course from a single discipline within the visual and performing arts. In the 2022-2023 school year, classes at HNA that qualify include: Yearbook and Design; AP Studio Art; AP Art History; Art 2D; Music Production; four semesters of one of the following: choir, orchestra, or band.*

**TWO-YEAR COLLEGES:** High school graduation is required, or the applicant must be 18 years or older when she enrolls.

## **COURSE DESCRIPTIONS**

### **COMPUTER SCIENCE**

#### **ADVANCED PLACEMENT COMPUTER SCIENCE A**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of Honors Algebra II/Trigonometry or concurrent enrollment in Algebra II or Honors Precalculus; Application required

This is a computer science course with an emphasis on programming methodology and a focus on problem solving and algorithm development. The course emphasizes Object-Oriented design, follows the AP Computer Science A syllabus, and uses the Java computer language. Students should plan to spend at least three hours per week outside of class time working on the computer. All students who elect this course are required to take the AP Computer Science Exam. No prior programming experience is necessary.

#### **PROJECTS IN COMPUTER SCIENCE I & II**

(2 semesters – 1 credit per semester)

Prerequisite: Successful completion of AP Computer Science, approval of AP Computer Science teacher

This course will allow students who have completed the AP Computer Science course to expand their programming knowledge and work on a significant project showcasing advanced computer-science topics. Lessons on debugging, advanced data structures, and other topics will assist students in completing the projects and advancing their programming skills. These projects will offer students the experience of creating a relevant project to demonstrate the value and power of computer science. Students taking this course will be expected to be self-directed and ambitious. Local computer scientists and programmers will mentor students to provide relevant examples of how programming is used in their fields and industries.

### **ENGLISH**

(Required courses organized by course sequence.)

#### **COLLEGE PREP ENGLISH 9**

(2 semesters – 1 credit per semester)

Prerequisite: Recommendation of teacher at registration

English 9 focuses on “coming of age” stories, reading texts with characters as they journey through adolescence toward adulthood. Texts come from a diverse array of cultures and countries. Throughout the year, students engage in literary analysis (the study of the techniques used by authors) with many genres, including: graphic novels, drama, poetry, etc. Students will engage in the writing process (the use of drafting, revising, and editing to convey written ideas) with journals, essays, and presentations.

#### **HONORS ENGLISH 9**

(2 semesters – 1 credit per semester)

Prerequisite: Recommendation of teacher at registration

Honors English 9 focuses on “coming of age” stories, reading texts with characters as they journey through adolescence toward adulthood. Texts come from a diverse array of cultures and countries. Throughout the year, students engage in literary analysis (*the study of the techniques used by authors*) with many genres, including: graphic novels, drama, poetry, etc. Students will engage in the writing process (*the use of drafting, revising, and editing to convey written ideas*) with journals, essays, and presentations.



### **COLLEGE PREP ENGLISH 10**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 9 or Honors English 9 teacher

This course is a continuation of the study of world literature. Through the analysis of major works from around the world, students build upon the multi-paragraph format from 9th grade to produce longer and more complex expository essays. This course will devote more time to the review and practice of the basics of composition, reading comprehension, and analysis.

### **HONORS ENGLISH 10**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 9 or Honors English 9 teacher

This course is a continuation of the study of world literature. Through the analysis of major works from around the world, students build upon the multi-paragraph format from 9th grade in order to produce longer and more complex expository essays. Students will review and build upon the basics of composition, reading comprehension, and analysis. This course is designed for the motivated student capable of rigorous analysis and advanced writing at an accelerated pace.

### **COLLEGE PREP ENGLISH 11**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 10 or Honors English 10 teacher

This course is a survey of British literature with an emphasis on writing skills and literary analysis. Students will compose a research paper in addition to many short critical papers, as they practice the basics of composition and devote more time to refining their writing techniques.

### **HONORS ENGLISH 11**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 10 or Honors English 10 teacher.

This course is a survey of British literature from the medieval period through the 21st century, with an emphasis on advanced literary analysis and the use of secondary sources. Students will compose a research paper in addition to many short critical papers and should have sufficient knowledge of the basics of composition so that more time can be devoted to refining and extending their writing techniques. Students are strongly encouraged to take the AP English Language and Composition exam.

### **ENGLISH 12: AMERICAN LITERATURE**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 11 or Honors English 11 teacher.

This course is a thematic look at important authors and issues through the lens of American literature; the class correlates with other senior year material from U.S. History and Contemporary Problems. In preparation for college and its demands, students will practice a variety of different writing forms and tasks, as well as improve their skills in research and the critical analysis of both primary and secondary texts. Through reading and discussion of several contemporary novels and plays, students will also address the diversity of the United States throughout its history, an apt preparation for life in contemporary America.

## **ADVANCED PLACEMENT ENGLISH LITERATURE 12: AMERICAN LITERATURE**

(2 semesters – 1 credit per semester)

Prerequisite: Approval of College Prep English 11 or Honors English 11 teacher.

This course combines the survey of American literature with intensive reading of major American texts of the 19th – 21st centuries; it is taken the same year as U.S. History. The course is intended both to simulate a college English course in pace, depth, and quality of work, and to prepare students for the AP English Literature examination in the spring. Among the writing assignments will be several short interpretive timed writes and formal essays involving research. All students who elect this course are required to take the AP English Literature exam.

## **ENGLISH ELECTIVES**

### **MULTICULTURAL FOLK ARTS**

(2 semesters – 1 credit per semester)

Prerequisite: None

Folklore refers to the culture, customs, and beliefs of common people. It includes everything from urban myths to hip-hop, family recipes to tattoos, quinceañeras to country music. Students will analyze and write their own folk tales, research and write their own folk songs, and examine why we celebrate holidays the way we do. We will also collect the folk arts and crafts that still surround us in our families and other social groups. Work for this class will be creative and project-oriented, designed to improve students' critical thinking skills and presentation skills. This course is for students who want to learn more about the different folk regions, ethnicities, and cultures of the U.S. and the world. *This course is cross listed in the English and Fine Arts departments.*

## **FINE ARTS**

(Section organized in three parts: Theatre & Film, Music, and Visual Arts)

## **THEATRE & FILM**

### **MEDIA STUDIES I: FILM STUDIES**

(1 semester – 1 credit)

Prerequisite: None

Students in the course will gain a foundation in the history, theory, and criticism of moving images by watching films in class and examining said films in light of implementing analysis tools, personal reflection, comparison activities and class discussions. Student learning may include topics such as women in film, social justice issues, music in film, independent films, director profiles, classics versus cult classics, thrillers and horror, camera angles, film sound effects, documentary filmmaking, and religion and history as portrayed in film.

### **THEATRE PRODUCTION: NEW WORKS FESTIVAL**

(1 semester during 7th period only – 1 credit)

Prerequisite: Approval of teacher. Added to transcript after New Works.

The more advanced theatre student will have the opportunity to learn the essentials of theatre or film production through direct experience. Students will write, cast, direct, design, and produce a 10-minute play or five-minute film for presentation to a paying audience.

### **THEATRE PRODUCTION: STAGE MANAGEMENT**

(1 or 2 semesters during 7th period only – 1 credit per semester)

Prerequisite: Approval of teacher. Added to transcript after productions.

Students will have the opportunity to learn skills in technical theatre production. Direction in the basics of lighting, sound, stage management, show calling, script analysis, sets and props procurement and organization. Students will have the responsibility of utilizing the learned skills during the Fall Play, New Works Festival, and Spring Musical productions, as well as regularly at school assemblies and events.

## MUSIC

### CONCERT CHOIR

(1 or 2 Semesters – ½ credit per semester)

Concert Choir is a beginning choral ensemble for students who are interested in developing singing and ensemble skills at the high school level. There is no audition for this course. The Concert Choir meets **Mondays, Wednesdays, and Fridays** (Friday with Advanced Concert Choir) at 7:05 a.m. Performance opportunities include Winter Concert, Spring Concert, and the Catholic Choir Festival at Benaroya Hall.

### ADVANCED CONCERT CHOIR

(2 semesters – ½ credit per semester)

Advanced Concert Choir is a choral ensemble for students who have prior experience singing at the high school level. It meets on **Tuesdays, Thursdays, and Fridays** (Friday with Concert Choir). Students are admitted after a discussion with the director to assess skill level.

### ECLECTIC STRINGS

(2 semesters – ½ credit per semester)

Prerequisite: At least two years of experience playing a plucked, strummed, or bowed string instrument; willingness to sing. Also open to percussionists who are willing to sing.

This class is open to all instrumentalists who have a desire to play and sing folk and acoustic music. The literature is drawn from folk and singer/songwriter traditions, with room to add songs chosen or written by the students. Students will gain knowledge about playing in an ensemble, rhythm, song structure, and some applicable music theory. The songs will be arranged by the instructor to play to the strengths (and improve weaknesses) of the students. This class meets **Mondays and Wednesdays** at 7:05 a.m.

### JAZZ BAND

(2 semesters – ½ credit per semester)

Prerequisite: At least two years of experience playing an instrument

This group will rehearse and perform jazz standards while learning the basic skills involved in playing jazz, including scale theory, improvisation, basic harmony, and repertoire. The jazz band schedules performances outside of school throughout the year, for which all participants must be available. This class is open to all students who play any instrument. This class meets **Monday, Wednesday, and Friday** at 7:05 a.m.

### MUSIC PRODUCTION

(2 semesters - 1 credit per semester)

Prerequisite: None

The course will introduce students to modern processes involved in producing recorded music and live-sound reinforcement. Students will become proficient in using industry-standard music production technology, both software and hardware, for recording and sound reinforcement. They will also be introduced to the basic concepts involved in songwriting and arranging, as well as some basic skills in video editing. All of these concepts will be

presented through guided projects designed to simulate real-world scenarios, such as the production of a radio spot or a live rock concert. This class meets daily during the six-period school day.

### **ORCHESTRA**

(2 semesters – ½ credit per semester)

Prerequisite: At least two years of experience playing an instrument and the ability to read music.

This class is composed of any instrumentalists who have a desire to play classical music in a large group setting. The literature is drawn from the orchestral master literature, sometimes arranged to accommodate non-orchestral instruments. Some of the orchestra performances include Deck the Dome, the Winter and Spring Concerts, the Rock Show, a local or regional high-school orchestra festival, and Commencement at Benaroya Hall. Winds/Brass meet **Tuesdays** at 7:05 a.m. Full Orchestra meets on **Thursdays**, and String Orchestra (players of string instruments only) meets **Fridays** at 7:05 a.m. This course requires purchase of a concert dress at the beginning of the school year, as well as the Music Department t-shirt worn as an informal concert uniform.

### **PRIVATE MUSIC LESSONS**

(1 or 2 semesters – ½ credit per semester)

Prerequisite: Application submitted to Ms. Webber and Private Music Lesson contract must be signed and returned to the Business Office, both by the deadline (August 15 for 1<sup>st</sup> semester, January 15 for 2<sup>nd</sup> semester). Fee for private music lessons is \$600 per semester. Fee for rock band is \$500 per semester

Students may take private music lessons from adjunct music faculty. Instrument choices include, but are not limited to piano, voice, strings, pipe organ, harp, flute, guitar, woodwinds, brass, and Rock Band. Lessons are scheduled independently by student according to her and her teacher's availability. Lessons take place before school, during lunch, or after school once a week.

### **VOCAL ENSEMBLE**

(2 semesters – 1 credit per semester)

Prerequisite: Audition; signature of teacher. Open to 10th-, 11th-, and 12th-grade students only.

Vocal Ensemble is a small, auditioned ensemble for students who have prior experience singing at the high school level. It offers students the opportunity to sing challenging repertoire in multiple genres. Vocal Ensemble sings at additional school and community events. This class meets daily during the school day. Students are required to participate in another Holy Names Academy Ensemble concurrently.

## **VISUAL ARTS**

### **ADVANCED PLACEMENT ART HISTORY**

(2 semesters – 1 credit per semester)

Prerequisite: Application.

A wide range of global artistic and architectural traditions, from Asia to the Middle East to Europe and on to the Americas and the Pacific Islands, are discussed in this course. AP Art History is modeled on a college-level survey of Art History. This course will cover the full range of art, from prehistory and the ancient world all the way to contemporary art. In class, students will discuss and present on a representative list of 250 works. Then they will demonstrate their knowledge of those works' historical and cultural contexts, their meaning, their formal qualities and a variety of other matters through in-class objective and essay tests. There will also be occasional out-of-class essays. Aside from instilling in students a greater appreciation of importance of art to all civilizations, the class's activities, projects, essays, and tests aim to prepare students for the AP Art History exam given in the spring of each year. All students who elect this course will be required to take the AP Art History exam.

## **ADVANCED PLACEMENT STUDIO ART**

(2 semesters – 1 credit per semester)

Prerequisite: Participation in a previous high-school-level art class is strongly recommended. Application required.

AP Studio Art is designed for students interested in the serious pursuit of art. The curriculum does not culminate in a written exam; instead, students submit portfolios for evaluation by the College Board at approximately the same time as AP exams are given. The course offers three areas of focus: painting and drawing, two-dimensional design, and three-dimensional design. Students must select one of these categories in which to prepare a portfolio. Media included in each category are:

*Drawing and Painting* Charcoal, pencil, watercolor, ink, and acrylic on canvas

*Two-Dimensional Design* Photography, painting, drawing, collage, and mixed media

*Three-Dimensional Design* Clay, paper sculpture, found-object sculpture, textiles, wire, and wood

Students begin the year developing an essential question which the artwork will center around. Students are given the opportunity to design their own weekly project or participate in teacher-designed projects.

## **ART 2-D: DRAWING AND PAINTING**

(2 semesters – 1 credit per semester)

Prerequisite: None

This is a year-long, interdisciplinary art course that involves painting, drawing and graphic design. Students will explore a variety of two-dimensional techniques, such as charcoal drawing, watercolor, and acrylic painting. Students will also learn how to integrate digital media into paintings and drawings using Adobe Photoshop. This class will be open to beginning and experienced students.

## **DIGITAL PHOTOGRAPHY**

(1 semester – 1 credit)

Prerequisite: None

This course is designed to teach students about the wide world of digital photography. It begins with a discussion of the history of photography and how this art form has evolved. Students will learn about functions of the camera, including shutter speed and lens aperture. Students will learn to enhance, crop, and manipulate images in Adobe Photoshop Elements 9.0. Each student will create a final professional portfolio by the end of the term.

## **GRAPHIC DESIGN**

(1 semester – 1 credit)

Prerequisite: None

This course will provide students with practice in the basic skills used in the commercial art field. Students will explore layout techniques, color and design theory, and letter formations and logos. Students will create artwork using the elements and principles of design. The major class projects will lead students through the important stages in the process of creating professional graphic designs. Students will learn how to execute designs using Adobe Photoshop and will create a digital portfolio.

## **POTTERY**

(1 semester – 1 credit)

Prerequisite: None

This course is designed to provide the student with technical and creative experience in the use of clay and glazes. Students will learn the hand-building techniques of pinch, coil, and slab to create structurally sound and

aesthetically pleasing clay forms. Some students may also have time to work on the wheel. Both functional and non-functional works of pottery will be studied to provide an historical perspective on and inspiration for students' own works.

### **POTTERY ASSISTANT**

(1 semester – 1 credit)

Prerequisite: Approval of teacher.

The assistant will work with pottery students on their construction, record-keeping, and glazing. She will assist the teacher with displays of student work, setting up materials, and preparing the kiln. She will have access to the studio for her own work, sometimes during class, or after school.

### **YEARBOOK DESIGN AND PUBLICATION**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 10th-, 11th- and 12th-grade students only. Application required.

Yearbook Design and Publication may fulfill the Visual & Performing Arts requirement for admission to campuses in the California State University and University of California systems.

This class produces the Holy Names Academy yearbook, *Excalibur*. Emphasis is placed on the conception, creation, design, planning, and realization of visual media production through Yearbook Avenue, an online yearbook system provided by Jostens. Students will also learn about visual problem solving and organizational skills. The curriculum includes page design, photography, writing, and preparing final pages for the publishing plant. This work requires organization, the ability to meet deadlines, and careful attention to detail. Yearbook staff members must be prepared to spend time after school and/or at lunch covering school events (assemblies, sports, dances, retreats, etc.), and meeting clear and firm deadlines, as specified by editor(s) and the yearbook advisor.

### **MULTICULTURAL FOLK ARTS**

(2 semesters – 1 credit per semester)

Prerequisite: None

Folklore refers to the culture, customs, and beliefs of common people. It includes everything from urban myths to hip-hop, family recipes to tattoos, quinceañeras to country music. Students will analyze and write their own folk tales, research and write their own folk songs, and examine why we celebrate holidays the way we do. We will also collect the folk arts and crafts that still surround us in our families and other social groups. Work for this class will be creative and project-oriented, designed to improve students' critical thinking skills and presentation skills. This course is for students who want to learn more about the different folk regions, ethnicities, and cultures of the U.S. and the world. *This course is cross listed in the English and Fine Arts departments.*

## **HEALTH AND PHYSICAL EDUCATION**

### **HEALTH**

(1 semester – 1 credit)

Prerequisite: None

This course is a study of physical, mental, emotional, and social health; stress management; growth and development; personal relationships; reproductive health; substance use and abuse; cardiopulmonary system; and nutrition. The objective of the class is to teach students about their overall health and decision making so they can make the best-informed decisions for themselves. Students will also be trained in CPR and the AED and a certification class will be offered after school in the Spring.

### **PHYSICAL EDUCATION**

(2 semesters – 1 credit per semester)

Prerequisite: None

The physical education program stresses the importance of lifelong personal fitness and the overall health of the individual. The first semester, taken during the 9th grade, focuses on identifying and performing activities that will maintain and develop the five components of fitness and overall wellbeing. Students also work on skill development in both team and individual activities including basketball, volleyball, aerobics, soccer, pickleball, and Ultimate Frisbee, as well as weight training and ongoing conditioning. The second semester, preferably taken in the 10th grade, continues the first semester focus of the five components of fitness, as well as improving individual skills and developing team strategy.

### **RECREATIONAL LEADER**

(1 or 2 semesters – 1 credit per semester)

Prerequisite: Approval of teacher she will be assisting

This class is designed to teach the skills necessary to qualify for a gainful recreational position. The skills to be developed include leadership, athletic supervision, equipment management, organization of tournaments, and officiating in a variety of sports activities. Recreational leadership students assist in the regular physical education classes.

### **INTERNATIONAL LANGUAGE**

(Organized by course sequence.)

#### **FRENCH I**

(2 semesters – 1 credit per semester)

Prerequisite: None

This is a first course in the language and culture of French-speaking countries. Emphasis is on the following: introducing language-learning skills by speaking, listening, reading, and writing in the French language; introducing elementary grammar structures; and increasing student awareness of Francophone cultures.

#### **FRENCH II**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of French I

This course is a continuation of French I with more emphasis on grammar and vocabulary. Emphasis is placed on the improvement and refinement of language skills such as listening, speaking, and writing. Students will gain a deeper understanding of Francophone culture and utilize language creatively in real life scenarios.

#### **FRENCH III**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of French II; approval of current teacher.

This course is a continuation of French II with a review and refinement of grammar principles presented in French II. In addition, extensive and complex grammar structures are introduced, practiced, and refined. A greater emphasis is placed on reading and writing and the ability to express ideas and opinions in the French language. Increased knowledge of and appreciation for the French culture is continued. This course is conducted mostly in French.

### **ADVANCED PLACEMENT FRENCH LANGUAGE & CULTURE**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of French III; Application required.

The AP French Language course is an advanced course that reviews and refines cultural and linguistic concepts that have been studied in the past. Emphasis is placed on the mastery of the French language and the deepening of students' knowledge and understanding of the culture of Francophone countries.

This course is conducted in French and all course materials are in French. It is important that students entering the course have a solid basic understanding of the French language, both written and spoken. AP French is an accelerated course that offers a quick review of many basic concepts and an in-depth study of French and Francophone cultures. The focus of the course is students' comprehension, self-expression, and cultural knowledge. All students who elect this course will be required to take the AP French Language Exam.

### **SPANISH I**

(2 semesters – 1 credit per semester)

Prerequisite: None

This is a first course in the language and culture of Spanish-speaking countries. Emphasis is on the following: introducing language-learning skills by speaking, listening, reading, and writing in Spanish; introducing elementary grammar structures; and increasing student awareness of other cultures.

### **SPANISH II**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of Spanish I

This is a continuation of Spanish I with more emphasis on grammar and the improvement and refinement of language skills. Students will gain a deeper understanding of the Spanish-speaking culture and utilize the target language creatively in real-life scenarios. All aspects of language learning—listening, speaking, reading, writing, and culture—will be emphasized.

### **SPANISH III**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of Spanish II; permission of current Spanish II teacher

This course is a continuation of Spanish II with a review and refinement of grammar principles presented in Spanish II. In addition, extensive and complex grammar structures are introduced, practiced, and refined. A greater emphasis is placed on reading and writing and the ability to express ideas and opinions in the Spanish language. Increased knowledge of and appreciation for the Spanish culture is continued. This course is conducted entirely in Spanish.

### **ADVANCED PLACEMENT SPANISH LANGUAGE & CULTURE**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of Spanish III; application; signature of current teacher

The AP Spanish Language course is an advanced course that reviews and refines important linguistics concepts studied in previous Spanish courses through its focus on Spanish-speaking countries and their culture. Emphasis is placed on mastery of the Spanish language and communication in Spanish. This course is conducted entirely in Spanish. It is the expectation that students interact with their teacher and peers only in Spanish.



Considerable accuracy in all four skills of language-learning is stressed. It is important that students entering the course have a solid understanding of the Spanish language; both written and spoken. AP Spanish is an accelerated course that offers a quick review of many basic concepts and an in-depth study of Spanish and Spanish-speaking cultures. All students who elect this course will be required to take the AP Spanish Language & Culture Exam.

### **ADVANCED PLACEMENT SPANISH LITERATURE**

(2 semesters – 1 credit per semester)

Prerequisite: Completion of AP Spanish Language or heritage speaker; application required

The AP Spanish Literature course is intended to be the equivalent of a college third-year Introduction to Peninsular and Latin American literature. This course prepares students to analyze critically representative works of prose, poetry, and drama of Peninsular and Latin American literature of different historical periods from Medieval to the most recent trends. Students acquire a sense of literary expression as part of the human experience and understand the characteristics of major literary movements and the forces that shaped them. This allows for a profound analysis and understanding of the works presented without neglecting the enjoyment of literature as an art and reflection of themselves. Since this course is presented entirely in Spanish, students have the opportunity to communicate and improve their language skills as well as learn new basic vocabulary of critical terms.

### **INTERNATIONAL LANGUAGE ASSISTANT**

(1 or 2 semesters – 1 credit per semester)

Prerequisite: Completion of Advanced Placement French or Advanced Placement Spanish. Approval of teacher she will be assisting.

The assistant will work with groups and with individual students as needed for extra practice. She will prepare practice assignments and linguistic theme activities, create rubrics for projects, and decorate the bulletin boards. She will research the Internet and different culture events in the area or on television. The International Language Assistant will participate and work with other students through group discussions to improve her speaking skills. She will assist the department with other tasks as related to the language being studied.

## **MATHEMATICS**

(Organized by course sequence)

### **ALGEBRA I**

(2 semesters – 1 credit per semester)

Prerequisite: none

This course includes the basic properties of algebra with an emphasis on linear and quadratic equation solutions. It also includes work with radicals, rational expressions, inequalities and graphing to prepare students for advanced mathematics study.

### **GEOMETRY**

(2 semesters – 1 credit per semester)

Prerequisite: Algebra I

This course involves a complete study of Euclidean geometry through vocabulary and problem solving. Coursework includes proofs.

### **HONORS GEOMETRY**

(2 semesters – 1 credit per semester)

Prerequisite: Middle school Algebra I or Honors Algebra I; approval of current teacher.

This course involves a fast-paced, in-depth study of Euclidean geometry. There is an emphasis on problem solving, vocabulary, proofs, and constructions.

### **ALGEBRA II / TRIGONOMETRY**

(2 semesters – 1 credit per semester)

Prerequisite: Algebra I and Geometry

This course includes a review of fundamental algebraic skills and theory, and provides an introduction to polynomial functions, complex numbers, exponential functions, and trigonometric functions.

### **HONORS ALGEBRA II / TRIGONOMETRY**

(2 semesters – 1 credit per semester)

Prerequisite: Algebra I and Geometry, approval of current math teacher

This course includes a review of fundamental algebraic skills and theory, and provides an introduction to polynomial functions, complex numbers, exponential functions, and trigonometric functions.

### **PRECALCULUS**

(2 semesters – 1 credit per semester)

Prerequisite: Algebra II/Trigonometry; approval of current math teacher

This course focuses on the concept of function and the use of functions as mathematical models. The content is similar to that of Honors Precalculus, though more time is spent developing and mastering core concepts. Students should anticipate some review of material from previous courses as a bridge toward more advanced understanding.

### **HONORS PRECALCULUS**

(2 semesters – 1 credit per semester)

Prerequisite: Honors Geometry; Honors Algebra II/Trigonometry; approval of current math teacher

The topics covered in this course include the following: linear, quadratic, absolute value equations and inequalities; complex numbers; polynomial, rational, exponential, logarithmic, and trigonometric functions; systems of equations and inequalities; series and sequences, probability, and conic sections.

### **CALCULUS**

(2 semesters – 1 credit per semester)

Prerequisite: Honors Precalculus or Precalculus; approval of current math teacher

This course is an introduction to differential and integral calculus. Topics include functions, graphs, limits, derivatives, and integrals. Concepts will be approached graphically, numerically, analytically, and verbally.

### **ADVANCED PLACEMENT CALCULUS AB**

(2 semesters – 1 credit per semester)

Prerequisite: Honors Precalculus; Application; approval of current math teacher

This course is an in-depth study of differential and integral calculus with a thorough coverage of the topics included on the Advanced Placement Calculus AB examination. Special emphasis will be placed on understanding calculus concepts graphically, numerically, analytically, and verbally. All students who elect this course will be required to take the AP Calculus AB exam.

### **ADVANCED PLACEMENT CALCULUS BC**

(2 semesters – 1 credit per semester)

Prerequisite: AP Calculus AB; Application; approval of current math teacher

This course is an intensive study of differential and integral calculus with thorough coverage of the topics included on the Advanced Placement Calculus BC examination. It is designed to qualify the student for placement and credit one semester beyond that granted for Calculus AB and includes the additional topics of vector functions, series and sequences, and differential equations. All students who complete this course will be required to take the AP Calculus BC exam.

### **MATHEMATICS ELECTIVES**

#### **ADVANCED PLACEMENT STATISTICS**

(2 semesters –1 credit per semester)

Prerequisite: Successful completion of Honors Precalculus, Algebra II/Trigonometry, or concurrent enrollment in Precalculus, Calculus, or AP Calculus; Application required

AP Statistics is the equivalent of a one-semester, introductory college statistics course. Students will gain knowledge of essential techniques for producing data (surveys, experiments, observational studies, simulations), analyzing data (graphical and numerical summaries), modeling data (probability, random variables, sampling distributions), and drawing conclusions from data (inference procedures—confidence intervals and significance tests). In becoming critical consumers of published statistics, students will develop a heightened awareness of the ways in which statistics can be improperly used to mislead, confuse, or distort the truth. All students who elect this course will be required to take the AP Statistics exam.

### **SCIENCE**

(Organized alphabetically by subject.)

#### **BIOLOGY**

(2 semesters – 1 credit per semester)

Prerequisite: None

This course introduces students to biology, the study of life. This course will enhance student understanding of the scientific method, the molecular and cellular aspects of living things, the structure and function of living organisms, climate change, genetics, immunology, evolution, and ecological interrelationships. This course will also serve as a strong foundation for AP Biology.

#### **CHEMISTRY**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 11<sup>th</sup> grade students; Concurrent enrollment or completion of Algebra II/Trig or Honors Algebra II/Trig

This is a college-preparatory laboratory course that provides an introduction to chemistry. The course studies the composition and structure of matter and its changes with accompanying energy changes. Electronic structure, chemical bonding, chemical formulas and equations, molecular geometries, stoichiometry, solutions, and acids and bases will also be covered.

### **HONORS CHEMISTRY**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 10<sup>th</sup> or 11<sup>th</sup> grade students; Concurrent enrollment or completion of Honors Algebra II/Trig; Approval of current math teacher

This is a laboratory course that provides a thorough introduction to college chemistry. The course covers laboratory and data collection skills, the structure and phases of matter, electronic structure, chemical bonding, chemical formulas and equations, molecular geometries, stoichiometry, solutions, acids and bases, and oxidation-reduction reactions. Mathematical analysis will be stressed.

### **PHYSICS**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 12<sup>th</sup>-grade students; Algebra, Geometry, and Algebra II or concurrent enrollment in Honors Precalculus; approval of current science teacher.

This is a college-preparatory laboratory course covering topics such as motion, mechanics, energy, light, electricity, and magnetism.

### **ADVANCED PLACEMENT PHYSICS 1**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 12<sup>th</sup>-grade students; Honors Chemistry; concurrent enrollment in or completion of AP Calculus; application required

This course provides a systematic introduction to the main principles of physics with a thorough coverage of the topics included on the Advanced Placement Physics 1 examination. Special emphasis will be placed on the development of problem-solving ability, inquiry and conceptual reasoning, and the interpretation of physical information (verbal, mathematical, and graphical). All students who elect this course will be required to take the AP Physics 1 exam.

### **SCIENCE ELECTIVES**

(Organized alphabetically)

### **ANATOMY/PHYSIOLOGY**

(2 semesters – 1 credit per semester)

Prerequisite: Biology

This lab-based elective course provides a thorough introduction to anatomy and physiology. This course is designed for students who have an intrinsic interest in the human body and its structure and function and/or intend to pursue careers that require extensive knowledge of human anatomy and physiology. This course will be centered upon the orientation and organization of the human body, the support and movement of the human body, regulation and maintenance of the human body, the integration and control systems of the human body, and the continuity of life. This course will include laboratory exercises, activities, and projects to reinforce and physically demonstrate the mechanical principles studied in class.

### **ADVANCED PLACEMENT BIOLOGY**

(2 semesters – 1 credit per semester)

Prerequisite: Biology (B or better); Application required

The Advanced Placement Biology course is designed to be equivalent to an introductory biology course taken by first-year college biology majors. The three main areas of study are basic cell biology, molecular biology, and

phylogenetic sequences of living organisms. This course will be significantly different from a basic high school biology course. Because it requires a significant time commitment from both students and teacher, it will be available to students only through a special written application process. The textbook is one used by college biology majors. The kinds of labs done will equate with those experienced by college students and will require some outside lab time. All students who elect this course will be required to take the AP Biology exam.

### **ADVANCED PLACEMENT ENVIRONMENTAL SCIENCE**

(2 semesters - 1 credit per semester)

Prerequisite: Biology (B or better). Open to 10<sup>th</sup>-, 11<sup>th</sup>-, and 12<sup>th</sup>-grade students only. Application required

This lab-based elective course is an introduction to environmental science in which students will study their connection to the environment, acquire the scientific skills to explore interrelationships in ecosystems, and pursue interdisciplinary approaches to problem solving. Students will perform lab work and activities to better understand the complexity of the natural world. Topics that will be covered include, but are not limited to, ecosystem structure, population dynamics, resource use, environmental impact, and an overview of the health of the Greater Puget Sound ecosystem. Students will learn these concepts through participation in class lectures and discussions, textbook and supplemental readings, laboratory assignments, and group and independent research projects. All students who elect this course will be required to take the AP Environmental Science exam.

### **SOCIAL STUDIES**

(Organized by course sequence.)

### **WORLD HISTORY AND GEOGRAPHY – Grade 10**

(2 semesters – 1 credit per semester)

Prerequisite: None. Open to 10<sup>th</sup>-grade students only.

This class will survey human events from medieval to contemporary times. We will spend the year examining the impact of various elements of human activity – economic, political, social, geographic, and cultural – in the hope of better understanding our world. This course emphasizes historical thinking and research skills.

### **ADVANCED PLACEMENT WORLD HISTORY: MODERN – Grade 10**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 10<sup>th</sup>-grade students only. Application required

AP World History: Modern is designed to be the equivalent of an introductory college or university world history course. In AP World History: Modern students investigate significant events, individuals, developments, and processes from 1200 to the present. Students develop and use the same skills, practices, and methods employed by historians: analyzing primary and secondary sources; developing historical arguments; making historical connections; and utilizing reasoning about comparison, causation, and continuity and change over time. The course provides six themes that students explore throughout the course in order to make connections among historical developments in different times and places: humans and the environment, cultural developments and interactions, governance, economic systems, social interactions and organization, and technology and innovation. All students are required to take the AP World History: Modern exam.

### **UNITED STATES HISTORY AND GOVERNMENT – Grade 12**

(2 semesters – 1 credit per semester)

Prerequisite: None. Open to 12<sup>th</sup>-grade students only.

This course is a survey of United States history from the first permanent British settlement to the present. Students will examine historical events and narratives as well as the social, cultural, political, and economic

conditions that have shaped the internal development and international role of the United States. Special emphasis will be placed on the structure, development, and contemporary functions of the Federal government.

### **ADVANCED PLACEMENT UNITED STATES HISTORY – Grade 12**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 12th-grade students only. Application required

This course is a critical examination of the history of the United States from the time just prior to European contact with the American world through the present day. With a focus both on individual people and the groups, movements, and institutions they comprise, students will examine many facets of the nation's story. The course will examine the actions of the United States, both positive and negative, that impacted American history, and the men and women who made those decisions. This course moves quickly, since there is a large amount of material to be covered in a limited amount of time. All students are required to take the AP US History exam.

### **SOCIAL STUDIES ELECTIVES**

(Organized alphabetically.)

#### **AMERICAN ETHNIC STUDIES**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 10<sup>th</sup>-, 11<sup>th</sup>-, and 12<sup>th</sup>-grade students.

This two-semester course introduces students to American history with particular emphasis on diversity and multicultural studies. The class will expose students to the rich traditions of various cultural and ethnic groups and their influence on the tapestry of America's history. The class will study history and look at its effects on contemporary social justice issues through various modalities, including readings, podcasts, films, music, pop culture, field trips, and guest speakers. Students will examine cultural resources and have in-class discussions about issues such as identity, racial and cultural formation, implicit bias, stereotyping, discrimination, and other hot topics that people avoid at the dinner table. This class aims to prepare students to be culturally responsive citizens and critical thinkers.

#### **LAW AND SOCIETY**

(1 semester – 1 credit)

Prerequisite: None. Open to 10<sup>th</sup>-, 11<sup>th</sup>-, and 12<sup>th</sup>-grade students.

This course provides students with an introduction to the American legal system, focusing primarily on criminal and Constitutional law. Topics will include the U.S. court system, the Constitution and Bill of Rights, the Supreme Court and landmark cases, elections and voting, civil rights, criminal law, and trial procedures.

#### **PSYCHOLOGY**

(1 semester – 1 credit)

Prerequisite: None. Open to 10<sup>th</sup>-, 11<sup>th</sup>-, and 12<sup>th</sup>-grade students.

This course is a one-semester elective designed to introduce students to the field of psychology, including research and scientific methods of investigation, biological bases of behavior, human development, learning and cognition, social psychology, and psychological disorders and their treatment. These topics of investigation correspond to the primary domains in the field of psychology as identified by the American Psychological Association.

### **ADVANCED PLACEMENT PSYCHOLOGY**

(2 semesters – 1 credit per semester)

Prerequisite: Open to 10th-, 11th-, and 12th-grade students. Application required.

This course provides a scientific and systematic study of the behavior and mental processes of human beings. The biological basis of behavior and research methods will form a backdrop for material covered in the class and represents an emphasis of the course. Each of the major topics within psychology will be addressed, including sensation and perception, learning and cognition, motivation and emotion, developmental psychology, personality, abnormal and social psychology, positive psychology, and the treatment of psychological disorders. Research methods, statistics, and ethics will be covered at a basic introductory level. An integrative biopsychosocial approach to the understanding of the human experience will be taken throughout the course. All students are required to take the AP Psychology exam.

### **ADVANCED PLACEMENT UNITED STATES GOVERNMENT AND POLITICS**

(2 semesters – 1 credit per semester)

Prerequisites: Open to 10th-, 11th-, and 12th-grade students. Application required.

AP United States Government and Politics is a college-level, two-semester introductory course to key political concepts, ideas, institutions, policies, interactions, roles, and behaviors that characterize the constitutional system and political culture of the United States. The course is based on five big ideas— Foundations of American Democracy, Civil Liberties and Rights, American Political Ideologies and Beliefs, Political Participation and Interaction Among Branches of Government— that will be explored throughout the year. Students will read and analyze U.S. foundational documents, Supreme Court decisions, and other texts and visuals to gain an understanding of the relationships and interactions between political institutions and behavior. In addition, students will read and interpret data, develop evidence-based arguments, and engage in an applied civics or politics research-based project. All students are required to take the AP US Government and Politics exam.

## **STUDENT LEADERSHIP**

### **LEADERSHIP TEAMS**

Candidates for the offices listed below complete an application and then are either elected by their peers or selected by a team in February of each year. Current 11th graders may apply for these offices if they meet the following five criteria:

1. Students cannot be on academic or disciplinary probation.
2. Students must maintain regular and punctual attendance patterns.
3. Students are required to attend leadership camp during one week in the summer.
4. Students must receive clearance from the Business Office. This means that the registration fee is paid, and all other accounts are current or arrangements are made.
5. Student leadership involves a strenuous time commitment. Students and moderator will assess student co-curricular activities, which may require the student to choose between a leadership position and her other activities.

### **ASSOCIATED STUDENT BODY OFFICERS**

(2 semesters - 1 credit per semester)

Prerequisite: Application; Approval of Vice Principal of Student Life; and election in February.

Note: Candidates must choose an additional 2 semesters of electives on their scheduling sheet.

Under the guidance of the Vice Principal of Student Life, the officers plan activities for the student body that will encourage a positive school community and promote class unity and spirit. The officers coordinate all-school

dances with O’Dea High School, organize the 9th grade activities and elections, and produce assemblies for the opening of school, Halloween, and special events. In addition, the ASB officers lead team meetings, mentor co-class presidents, publicize school activities, and represent the school in the community.

### **CAMPUS MINISTRY AND COMMUNITY OFFICERS**

(2 semesters – 1 credit per semester)

Prerequisite: Application; Interview by Campus Ministry team; selection in February.

Note: Candidates must choose an additional 2 semesters of electives on their scheduling sheet.

Under the guidance of the Campus Ministers, the members of this team will be responsible for planning all-school liturgies and Reconciliation services, planning and conducting retreats, organizing Christmas Baskets, creating the birthday and service boards, publicizing and organizing all-school outreach projects as well as individual opportunities for service. In addition, Campus Ministry and Community officers will be active, visible members of the student body by planning assemblies and prayer services, serving as leaders for school functions, and helping to create a community of faith and service.

### **SPORT AND SPIRIT OFFICERS**

(2 semesters – 1 credit per semester)

Prerequisite: Application; Approval of Athletic Director, and election in February.

Note: Candidates must choose an additional 2 semesters of electives on their scheduling sheet.

Under the guidance of the Athletic Director, officers will coordinate the all-school Jogathon, organize spirit point games, lead weekly rep meetings, publicize athletic events, conduct sports assemblies, attend athletic events, design and create posters, and encourage school spirit.

### **MULTICULTURAL STUDENT UNION OFFICERS**

(2 Semesters – 1 credit per semester)

Prerequisite: Application; Approval of DEI Coordinator

Note: Candidates must choose an additional 2 semesters of electives on their scheduling sheet.

Under the guidance of the DEI Coordinator, officers will coordinate the Multicultural Student Union and affinity groups, including school programming through MUS. Students will learn the skills of antiracist leadership, collective leadership, brave space facilitation, and other important skills.

## **THEOLOGY**

(Organized by course sequence.)

The Theology Department of Holy Names Academy provides a four-year sequential program to educate students about the life of Jesus Christ and the teachings of the Catholic Church, as well as to promote moral development and service to others. Throughout the four years of education at Holy Names Academy, students have opportunities to be educated about the life and mission of Jesus, the sacraments of the Catholic Church, and to participate in the liturgical cycle of celebrations with the Holy Names Academy community and their own churches. Since the school culture is diverse, students live and work in an environment of building understanding of the views of others, as well as respect for their own traditions.

Holy Names Academy developed its theology courses within the framework of the United States Conference of Catholic Bishops’ *Doctrinal Elements of a Curriculum Framework for the Development of Catechetical Materials for Young People of High School Age* (2008).



### **WORLD CULTURES – Grade 9**

(2 semesters – 1 credit per semester)

Prerequisite: None

Students will explore the foundations of Catholicism and the development of other religions. Students will have the opportunity to learn and practice skills used in social studies, such as note-taking, interpreting research, learning global geography, and writing short essays. The components of this course are:

**The Mission of Jesus Christ (The Paschal Mystery):** This course introduces students of all backgrounds to Catholicism and the mission of Holy Names Academy. Students will learn about the redemptive mission of Jesus Christ and learn how discipleship challenges persons today. This theme emphasizes the concepts of an imperfect human condition (fall from grace) and the promise of salvation—ideas that are consistently present in all major world religions. It also emphasizes the concept of prayer and community service.

**Ecumenical and Interreligious Issues:** After learning about the Mission of Jesus, students learn about other faiths and how they strive to overcome the human condition through different forms of prayer and traditions. Learning about various religions in the 9th-grade year will establish a sense of community and understanding among students of various spiritual backgrounds. Students learn about the historical development of the Jewish faith; Christian diversity; and other religions, such as Islam, Buddhism, Hinduism, and Eastern Traditions, through the eyes of the Church in the quest for religious truths and practice of morality.

### **SCRIPTURE LITERATURE – Grade 10**

(2 semesters – 1 credit per semester)

Prerequisite: None

Students will read, analyze and interpret the Old and New Testaments, especially the Gospels. Students will develop skills in locating scripture passages and applying the specific truths to their 21st-century lives. The components of the course are:

**The Revelation of Jesus Christ in Scripture & Sacred Scripture:** Students are introduced to the Bible, its major sections, and an overview of the Old and New Testaments, especially the Gospels. This course aims to lead students to a deeper understanding of and love for scripture. They will learn that the Scriptures use several literary forms, always designed to communicate the revealed word of God. Students develop further skills in reading and understanding the stories of salvation history in the *New American Bible Revised Edition*.

**Who Is Jesus Christ?** Students are introduced to the mystery and revelation of Jesus Christ through a study of the Gospels and the call to mission. Students will have the opportunity to respond personally to the scriptures through reflections, shared prayer, and community service.

### **MORALITY/SERVICE – Grade 11**

(2 semesters – 1 credit per semester)

Prerequisite: None

Students will explore and develop personal moral concepts and precepts. The course fosters reflection on personal ethics so that students will implement these principles in their lives and service. The components of this course are:

**Life in Jesus Christ:** Students will understand that through Christ they can fully live out God’s plans for their lives. Students will learn the moral concepts and precepts that govern the lives of Christ’s disciples. This course will

focus on the definition and formation of an informed conscience based on Catholic moral teaching and Sacred Scripture. Students will also prepare for, experience, and reflect upon a specific service commitment.

**Sacraments as Privileged Encounters with Jesus Christ:** Students will understand that they can encounter Christ today through the sacraments. Students will examine each of the sacraments in detail to learn how they may encounter Christ throughout their lives. The course will focus on the historical development of the sacraments, how they are celebrated today, and how they offer opportunities to reflect upon personal morality.

### **MORALITY WITH PEER MINISTRY– Grade 11**

(2 semesters – 1 credit per semester)

Prerequisite: None; Application required

Students will explore and develop personal moral concepts and precepts. The course fosters reflection on personal ethics so that students will implement these principles in their lives and service. The components of this course are:

**Life in Jesus Christ:** Students will understand that through Christ they can fully live out God’s plans for their lives. Students will learn the moral concepts and precepts that govern the lives of Christ’s disciples. This course will focus on the definition and formation of an informed conscience based on Catholic moral teaching and Sacred Scripture. Students will also prepare for, experience, and reflect upon a specific service commitment.

**Sacraments as Privileged Encounters with Jesus Christ:** Students will understand that they can encounter Christ today through the sacraments. Students will examine each of the sacraments in detail to learn how they may encounter Christ throughout their lives. The course will focus on the historical development of the sacraments, how they are celebrated today, and how they offer opportunities to reflect upon personal morality.

**Peer Ministry:** Students will lead with integrity at the 9th, 10th and 11th -grade retreats and facilitate homeroom activities (discussions, prayer services, small groups etc.) that foster spirituality in the school culture. Students will actively engage with their own spiritual life by keeping a prayer journal and setting spiritual goals for themselves. They will plan and read morning prayer and announcements for the school community.

### **CONTEMPORARY PROBLEMS – Grade 12**

(2 semesters – 1 credit per semester)

Prerequisite: None

The course will examine current political, social, and global issues within the context of the social justice teaching of the Church. Students will develop analysis and arguments through research of primary and secondary sources. The components of this course are:

**Jesus Christ’s Mission Continues in the Church:** Students will learn that the Church was founded by Christ through the Apostles and is sustained by him through the Holy Spirit. The students will come to know that the Church is the living Body of Christ today, which provides guidance for contemporary problems. This Body has both divine and human elements. In this course, students will learn not so much about events in the life of the Church but about the sacred nature of the Church.

**Living as a Disciple of Jesus Christ in Society:** Students will be introduced to the Church’s social teaching. In this course, students will learn how Christ’s concern for others, especially the poor and marginalized, is present today in the Church’s social teaching and mission.

**CONTEMPORARY PROBLEMS WITH SERVICE-LEARNING – Grade 12**

(2 semesters – 1 credit per semester)

Prerequisite: None; Application required

The course will examine current political, social, and global issues within the context of the social justice teaching of the Church. Students will develop analysis and arguments through research of primary and secondary sources.

Students will partner with local non-profit organizations and engage in service-learning weekly. In this course, students will engage in theological reflection on service.

The components of this course are:

**Jesus Christ’s Mission Continues in the Church:** Students will learn that the Church was founded by Christ through the Apostles and is sustained by him through the Holy Spirit. The students will come to know that the Church is the living Body of Christ today, which provides guidance for contemporary problems. This Body has both divine and human elements. In this course, students will learn not so much about events in the life of the Church but about the sacred nature of the Church.

**Living as a Disciple of Jesus Christ in Society:** Students will be introduced to the Church’s social teaching. In this course, students will learn how Christ’s concern for others, especially the poor and marginalized, is present today in the Church’s social teaching and mission.